

DATE:

INFORMED CONSENT TO ADMINISTER MYOFASCIAL DRY NEEDLING

Your Practitioner has recommended, and discussed with you, Myofascial Dry Needling (MDN) and its role in your management. This may be done on the day or prior to your scheduled treatment today.

It is important that as a patient/client (you) of Peninsula Osteopathy and Allied Health that you have knowledge of why MDN is recommended as a valuable technique to use in your treatment and what you can expect.

You are encouraged to provide feedback and ongoing effective communication during the treatment.

Your Practitioner should inform you about the following:

- **MDN is an invasive technique** that uses a monofilament (solid), **single use needle** that is made from quality surgical stainless steel, stored in protective guide tubes, sealed in individual packets, with a handle at one end that doesn't enter the tissue ensuring that the needle that is penetrating the tissue is not handled. You can request to sight these if you wish. There are various brands that the Practitioners will prefer to use.
- MDN involves the **needle being inserted** through the skin, fascia and muscle and other tissues in specific areas of the body relating to your individual case. This will be clearly discussed with you.
- Some practitioners aren't **qualified** to perform MDN to all areas of the body and will refer you to an **appropriate practitioner** if this is the case. Practitioners will not perform MDN if they have completed the appropriate training.
- Some **areas of the body are not able to be needled** and the Practitioner has a right to decline to perform MDN if they feel that it is inappropriate or unsafe/contraindicated at that time.
- **Indications and Aims** of using MDN in your particular case.
- MDN IS NOT Acupuncture.
- Your **skin will be wiped clean with alcohol** swabs prior to needle insertion to minimise the risk of infection.
- Your **practitioner will be wearing gloves** to minimise the risk of infection.
- You will be given the **opportunity to ask questions** to help you decide if you wish to go ahead with MDN.
- You will **never be left unattended** with needles in situ.
- Patients/Clients under the age of 18 must also have informed consent from a parent or guardian.
- You are able to withdraw your consent for MDN at any time, verbally to your Practitioner without judgment.
- You have considered all of the risks (as discussed) and benefits of MDN in the information provided to you.

I have considered all information provided to me, I hereby give my consent to treatment with Myofascial Dry Needling.

Client:

Signature:

Date:

Parent/Guardian:

Signature:

Date:

Practitioner:

Signature:

Date: